

STANDARD LIST

ASSISTANT PHYSIOTHERAPIST

SECTOR: HEALTH CARE

SUB-SECTOR: ALLIED HEALTH CARE & PARAMEDICS

REFERENCE ID: HSS/Q7701



State Council of Educational Research and Training(SCERT)
Vidyabhavan, Poojappura, Thiruvananthapuram - 695 012
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This list of equipment, tool, furniture & consumables are prepared for a batch of 30 students

Part A - EQUIPMENTS			
SL NO	NAME	SPECIFICATION	QUANTITY
1	Plinth	Metal with adjustable head rest	3
2	Dumb bells 2,3,4,5,kg	Fiber coated	5each
3	Barbells	Fiber coated	5
4	Free weight plates	Rubber coated Metal plates	5
5	Cables	wires	5
6	Tubing's	Rubber	5
7	Weight cuffs	Adjustable, washable (available in PTC)	5
8	Static cycle	With odometer	1
9	Treadmill	Motorised with adjustable inclination	1
10	Elliptical trainer	LCD display to monitor speed, time, distance, RPM, calories, hand pulse, body fat during your workouts	1
11	Ice packs	Reusable gel type	1
12	Hydro collator tank and packs	Stainless steel tank in which silica gel packs	1
13	First aid box	sterile	1
14	Slings\ Splints	Shoulder ,forearm	1
15	Crepe bandage	Cotton ,comfortable	5
16	Quadriceps table	Quadriceps table with backrest	1
17	Wax bath machine	Material SS Melting Wax Tank 0-100 degree C	1
18	Electrical muscle stimulator	Portable	1
19	Ultra sound therapy machine	1MHz and 3MHz	1
20	Interferential therapy (IFT)	Four pole Interferential	1
21	Transcutaneous electrical nerve stimulation (TENS)	Portable 4 channel	1
22	Short wave Diathermy (SWD)	Disc and Pad electrode	1
23	SHOULDER WHEEL	Metal/wooden	1

Part C - TOOLS and ACCESSORIES			
SL NO	NAME	SPECIFICATION	QUANTITY
1	Thera band	Exercise band with different resistances	5
2	Spirometer	Portable	3
3	Spongy ball	Soft Squeeze ,foam ball	5
4	Exercise mat	Non-slip Fitness Natural Rubber Mat	5
5	Thermometer	Glass	2
6	Measuring tape	Without whole	3
7	parallel bar	Adjustable,with REMOVABLE OBSTACLE	1
8	crutches	Elbow and axillary Type	6
9	cane	Metal	3
10	steps	Wooden with hand rail	1
11	swiss ball	rubber	3
12	hand exerciser	metal	3
13	Wheel chair	Adjustable folding type removable hand and leg support	1

Part D - CONSUMEBLES			
SL NO	NAME	SPECIFICATION	QUANTITY (per batch)
1	Pillow ,Bed sheet ,Towel	Cotton pillow, single bedsheet cotton towel	10 each
2	Sanitizer.	sanitizer	1
3	gloves	Disposable	5

Part E - OTHER ACCESSORIES			
SL NO	NAME	SPECIFICATION	QUANTITY
1	White board	5'X4" size	1
2	laptop	Intel core i3 processor, Memory 8 GB, Hard disk 500 GB	1
3	Stethoscope	earpieces made of soft plastic	10
4	BP apparatus	Mercurial,Aneroid and Digital type	Each 3
5	Bone and skeletal set	Original	1

6	Goneometer	Stainless steel	5
7	Inclinometer	Stainless steel	2

Part E - FURNITURE

1	<u>SHELF</u>	Metal Model - Slide N Store Width - 53 inches Depth - 22 inches Height - 76 inches	1
2	<u>Dumbell rack</u>	Metal to store minimum 30 dumbells and weight plates	1
3	<u>CHAIR</u>	<u>Plastic without handrest</u>	5

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